

SERVICES

Ettie Lee's fully accredited, restorative programs serving at-risk, abused, and abandoned and neglected, youth and their families:

- Foster Family/Adoption
- Intensive Treatment Foster Care
- Group Homes
- Mental Health
- State Certified Substance Use Disorder
- Therapeutic Behavioral Services
- After-Care
- Transitional Housing
- Wraparound

Accredited by:



FOUNDED 1977
CREDIBILITY • INTEGRITY • ACHIEVEMENT

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Remember Ettie Lee Youth & Family Services when you designate your United Way gift.

15-16 ANNUAL REPORT ENCLOSED

Trauma— Let's Talk About It

Ashleigh: "My dad started to, like, actually physically started to beat me up to the point where I would actually go to school covered in bruises. I don't know how many times I've been threatened to be killed by my own dad."

William: "My mother and brother were murdered in front of me. He put the gun to my head and he had me beg for my life. I was 10 – just turned 10," retells William, who continued, "I felt isolated. Nobody knew what I was going through. To go three years without talking about it...I imploded."

At Ettie Lee Youth & Family Services all of the children and youth that we are determined and committed to serve have one thing in common – adverse childhood experiences or trauma – perhaps the greatest public health threat facing our nation today said Dr. Robert Block, former president of the American Academy of Pediatrics. These experiences include, physical, emotional or sexual abuse, physical or emotional neglect, parental mental illness, substance dependence, incarceration, gang violence, being a victim of crime, parental separation or divorce, and domestic violence. And, according to Dr. Nadine Burke Harris, "The science is clear, early adversity dramatically affects health across a lifetime." In fact, she continues, "the repeated stress of abuse, neglect and parents

struggling with mental health or substance abuse issues has real, tangible effects on the development of the brain. This unfolds across a lifetime, to the point where those who've experienced high levels of trauma are at triple the risk for heart disease and lung cancer."

Trauma affects all of us -- individuals, families and our communities by altering healthy development which can negatively affect relationships and contribute to mental health issues including substance use, domestic violence and child abuse. We all pay the price when we see an increase in crime, loss of wages, or threat to the stability of the family when people in our community have not been treated for their trauma. Like William, the children and youth who found Ettie Lee because, they too, have imploded due to their individual traumatic experiences. Whether it's in one of Ettie Lee's group homes, a foster family home, or out in the community, Ettie Lee's therapists, interns and counselors use a comprehensive tool kit that is trauma-focused. We use Trauma Focused Cognitive Behavioral Therapy (TF-CBT) to intervene with their behaviors – such as anger or depression. In this way we aim to reduce trauma-related symptoms by teaching the children and youth how to master trauma-related cues that incite their stress. Check out this video for more information <https://youtu.be/z8vZxDa2KPM>.



Ettie Lee is Reaccredited!

In April 2017 Ettie Lee was formally reaccredited through the Council on Accreditation (COA). Accreditation is the formal evaluation of an organization or program against best practices. It signifies that an organization or program meets standards of quality set forth by the

accrediting body. It involves an in-depth self-review against currently accepted best practice standards, an onsite visit by an evaluation team comprised of experts, and a subsequent review and decision by the accrediting body. The value of a COA accreditation signifies that Ettie Lee Youth & Family Services is effectively managing its resources and providing the best possible services to all of its stakeholders—consumers, staff, board, donors, funders and regulators.

engages all stakeholders in the work of evaluating the effectiveness of our programs and steadily making changes to achieve excellence--in other words, great outcomes for our kids."

Karen Turner, Director of Staff Development and Quality Improvement, who lead the reaccreditation team, believes that all of the staff's dedication, hard work and attention to detail put us over the top.

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Pat Boone, Legendary Entertainer
Pat Giles, Community Volunteer
Jeff Johnson, Community Volunteer

"Ever since Ettie Lee Youth & Family Services pursued its COA accreditation in 2004," remarked its President and CEO, Terri Varnum, "we have sustained a continuous quality improvement program." Continues Varnum, "Continuous quality improvement is at the core of COA accreditation. This process



Karen Turner with COA accreditation plaque.

*"Give to others so that they may grow strong and not dependent."
Robert Dole
(1923 -)*

In the world of Foster Care/Adoption Agencies, birth parents are often viewed in a negative light rather than seen as part of the solution. Recently after a visit with his son, a biological father turned to his son's social worker and said, "I am not that good with words, but can you give "these" ("these" were Lifesaver's candy) to my son's Foster Parents, because they are doing such a good job with my son and this is how I feel about them!"



Sip & See with Ettie Lee at Frisella's Roastery

On July 15, 2017 The Wright Associated Companies hosted the First Annual "Sip & See" at Frisella's Roastery in Glendora, California. A private event and a fundraiser for Ettie Lee Youth & Family Services, it was generously hosted by Wright's owners

Tommy and Vanessa Gibson, who invited more than 100 of their business contacts. Funds from the event will be used to help support the programs and services here at Ettie Lee. Tommy's Dad, Tom Gibson, Sr. served as Master of Ceremonies.

Statement of Financial Position

Assets		Temporarily Unrestricted	Permanently Restricted	2016	2015
CURRENT ASSETS					
Cash and cash equivalents (Note 2)	\$ 474,782	\$ 50,509	\$	\$ 525,291	\$ 631,175
Accounts Receivable	1,136,174			1,136,174	1,650,590
Prepaid expenses	206,379			206,379	174,809
TOTAL CURRENT ASSETS	<u>1,817,335</u>	<u>50,509</u>		<u>1,867,844</u>	<u>2,456,574</u>
NON-CURRENT ASSETS					
Investments (Note 3)	257,070		18,739	275,809	308,813
Property and equipment (Note 5)	345,706			345,709	392,992
TOTAL NON-CURRENT ASSETS	602,776		18,739	621,515	701,805
TOTAL ASSETS	<u>\$ 2,420,111</u>	<u>\$ 50,509</u>	<u>\$ 18,739</u>	<u>\$ 2,489,359</u>	<u>\$ 3,158,379</u>
LIABILITIES AND NET ASSETS					
CURRENT LIABILITIES					
Accounts payable	\$ 192,572	\$	\$	\$ 192,572	\$ 189,690
Accrued payroll	171,136			171,136	185,482
Accrued vacation	207,006			207,006	198,985
Accrued Unemployment liabilities (Note 6)	17,674			17,674	29,247
County advances and overpayments	1,640,213			1,640,213	2,100,181
Current portion of notes payable (Note 7)	29,940			29,940	29,940
NON-CURRENT LIABILITIES	2,258,541			2,258,541	2,733,525
Long-term portion of notes payable (Note 7)	53,036			53,036	82,999
TOTAL NON-CURRENT LIABILITIES	53,036			53,036	82,999
TOTAL LIABILITIES	<u>\$ 2,311,577</u>			<u>\$ 2,311,577</u>	<u>\$ 2,816,524</u>
NET ASSETS					
Unrestricted	58,534			58,534	211,372
Unrestricted—board designated (Note 2)	50,000			50,000	50,000
Temporarily restricted (Note 9)		50,059		50,059	61,744
Permanently restricted (Note 10)			18,739	18,379	18,739
TOTAL NET ASSETS	108,534	50,509	18,739	177,782	341,555
TOAL LIABILITIES AND NET ASSETS	<u>\$ 2,420,111</u>	<u>\$ 50,509</u>	<u>\$ 18,739</u>	<u>\$ 2,489,359</u>	<u>\$ 3,158,379</u>

Statement of Activities

REVENUE AND SUPPORT					
Fees from government agencies (Note 10)	\$ 7,771,433	\$	\$	\$ 7,771,433	\$7,375,955
Contributions	241,294	16,372		257,666	521,880
Other income	23,114			23,114	10,694
Gain (loss) on investments	9,326			9,326	(14,153)
Interest and dividends	4,314			4,314	4,670
Net assets released from program restrictions	27,607	(27,607)		-	-
TOTAL REVENUE AND SUPPORT	8,077,088	(11,235)		8,065,853	7,899,046
EXPENSES					
Program Services	7,287,776			7,287,776	7,247,596
Support services	801,899			801,899	708,374
Fund Development	140,251			140,251	146,786
TOTAL EXPENSES	8,229,926			8,229,926	8,102,756
CHANGE IN NET ASSETS	(152,838)	11,235)		(164,073)	(203,710)
NET ASSETS, BEGINNING OF YEAR	261,372	61,744	18,739	341,855	545,565
NET ASSETS, END OF YEAR	<u>\$ 108,534</u>	<u>\$ 50,509</u>	<u>\$ 18,379</u>	<u>\$ 177,782</u>	<u>\$ 341,855</u>

HONOR ROLL OF DONORS

"We never consider our gifts as a donation. They are investments in young children"

- Mr. and Mrs. Herbert L. Harger

October 2015 through September 2016

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Ms. Misty Williams

Ettie Lee gratefully acknowledges all of our donors. If your name is inadvertently missing or misspelled, please call Vicki Mastro at 626-960-4861 so that we can make a correction in the next newsletter. Thank you.

TRIBUTES

In Memory of:

Eva Dollard-Massey

Vicki Mastro

Minnie Foster

Mr. and Mrs. Earl D. Jardine

Vernon Giles

Mr. Jason Fetchik

Vicki Mastro

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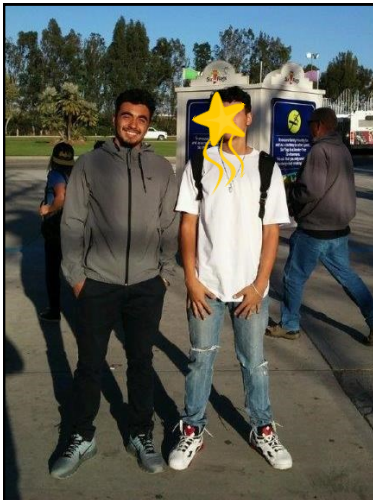
Park Inn by Radisson hosted our annual Halloween Party for our foster children and their families in October.



Ettie Lee received turkeys for our families from former state Assembly member Roger Hernandez and Suburban Water.



Former resident Luis Campuzano proudly displays his certificate for completing a half marathon in May.



Robert Christoff, former resident made it possible for one of our young men to go to Magic Mountain for his 16th birthday in April. The first time he celebrated his birthday! At left is the young man's escort.



Even our Foster Family staff had fun at our annual Holiday Party. From l to r are: Monica Moreira, Claudia Cuevas, Skarlet Pelehberg, Angie Vernon, Carol Tula and Karen Cash, FFA Director. Santa and Mrs. Claus are Anet and Ken Larson.



In March we attended Friends of Foster Children's annual luncheon. Pictured with one of our residents are Vicki Mastro, (Director of Development), Karen Turner (Director of Residential Services) and Ruth Rocha (counselor).



Lloyd Heald, and Blanket Buddies, has supplied many, many handmade quilts to Ettie Lee for our foster children!



Current Transitional Housing resident Evan Tischofer was recently recognized by the Los Angeles County Board of Supervisors for his involvement in efforts to end homelessness.



Former resident Chris Lee and his girlfriend provided all the necessary goodies that are needed to make some really great Easter baskets for our kids!



Our Foster Family Agency celebrated National Social Worker Month during the month of March. Pictured from l to r are Monica Moreira, Angie Vernon, Skarlet Pelehberg, Jennifer Yessi and Carol Tula.

TELLS A STORY



Baldwin Park Council Member Cruz Baca (r) and Vicki Mastro, participated in Baldwin Park 4 Breast Cancer hosted by Baldwin Park Pizza and Joey and Marietta Spillone.



Former Ettilie Lee President & CEO, Clayton Downey came by for a visit recently. He is pictured with Vicki Mastro, Development Director.



Serving Children & Families since 1950



At Ettilie Lee's Annual Celebration of Foster Parents in May pictured are — left photo— having some picture taking fun are from l to r Skarlet Pelehberg, volunteer Irma McGaughey, Vicki Mastro and volunteer Bianca Olivas. In the right photo are Michelle Byerly, Hayden Byerly, Ettilie Lee Board Member Mike Norring and Vicki Mastro. Each year this event is hosted by **Big Sunday.**



As her community service project, in May and June, Katherine Balcazar from Arroyo Valley HS organized a drive at school for Foster Children. She collected so many items for us to include in our Welcome Kits.

OUR HOLIDAY HEROES 2016



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