Saving Lives, Changing Lives and Building Hope for Children and Families in Family-Like Settings

April 2008

# ETTIE LEE YOUTH & FAMILY Services provides the following services for abused, abandoned and neglected children:

- Nurturing, loving environments, for boys 8-17, in 9 group homes
- A network of more than 35 loving foster families
- Permanent placement for boys and girls of all ages
- Fully accredited substance abuse treatment
- Outpatient after-school mental health programs
- Evidence-based treatment program

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Remember Ettie Lee Youth & Family Services when you designate your United Way gift.

## Nathan Gets A Real Home



The newest members of the Jaramillo family on Adoption Day. L to r, Vincent, Rebecca, Nathan and Jocelyn

athan was beaming at the County Courthouse in Monterey Park last month in a tie and vest just like his daddy! While there, he exclaimed, "My name is Nathan Jaramillo. His new mom and dad, Rebecca and Vincent said they were very pleased with the way Ettie Lee assisted them throughout the adoption process. This was Ettie Lee Youth & Family Services' first adoption since receiving their license.

Rebecca and Vincent Jaramillo of La Puente know well the challenges of being parents. They are completely involved in the lives of their older children, a boy 21 and a girl 14, whether it's as the president of the PTA or on the sports field.

Then one day, Rebecca saw an Ettie Lee ad in the Penny Saver and called. They took the Ettie Lee trainings and became certified foster parents. Shortly after becoming certified in February 2006, Jocelyn, now age three and a half came to live with the Jaramillo's as a foster child. The Jaramillo's wanted to adopt her. Her adoption, through Department of Children and Family Services, was final in April 2007. A few months later, Nathan, age two, joined the family as a foster child. One month later, he came up for adoption. The Jaramillo's jumped at the chance to adopt him. Nathan is now three years old.

#### From the President's Desk



**Clayton Downey** 

our years ago I charged Patty Gieselman, our Vice President of Clinical Services, with identifying an evidence-based treatment model that offered great results with our population. Patty "found" Dialectical Behavior Therapy (DBT). Developed by Marsha Linehan PhD, to treat suicidal/self harming borderline personality disordered clients, this model has been adapted for use with difficult to treat suicidal and aggressive adolescents-our youth. Although we still continue to fully integrate DBT into all that we do with our youth, this evidence-based treatment model has shown great results with our youth.

DBT has also been recognized by the Los Angeles Probation Department as a model that gets results, and, more and more, we are being rewarded with placements by the probation department.

So far we are able to report that runaways have decreased 27%, there are 67% fewer suicide attempts, police involvement is down 40%, 20% less violence between peers, 51% less violence toward staff and 45% fewer instances of property destruction.

In addition our work with families has increased 51% and staff turnover has decreased by 33% since the implementation of DBT. The more we use DBT and integrate into all we do at Ettie Lee, we will have more successful outcomes with the youth in our care. It's an exciting time for us at Ettie Lee Youth & Family Services.



## **Jack Caswell**



Jack Caswell, Ettie Lee Board member, and former resident of Ettie Lee's John Eccles Home in the 1960's, has been promoted.

Jack has been employed with the California Energy Commission in Sacramento for the past 8 years. In his new position as Compliance Unit Program Manager, Jack will supervise 9 Compliance Project Managers who inspect the licensed 50-100 megawatt power plants in the state. In this position Jack and his group are responsible for the enforcement of all of the licensing (both environmental and engineering) conditions that must be met. "It's a natural fit for me," said Jack, "because of my background

at the Commission as well as my experience in construction before that."

The California Energy Commission is the state's primary energy policy and planning agency. Created by the Legislature in 1974 and located in Sacramento, the Commission has five major responsibilities:

- Forecasting future energy needs and keeping historical energy data
- Licensing thermal power plants 50 megawatts or larger
- Promoting energy efficiency through appliance and building standards
- Developing energy technologies and supporting renewable energy
- Planning for and directing state response to energy emergency

For more information concerning the California Energy Commission, visit their website at: www.energy.ca.gov/commission/

## **Bob Hudnall**



Bob Hudnall was a resident at an Ettie Lee Home in 1955 and 1956. Today he is the owner of Phil's Transfer and Storage. Bob has fond memories of working with Miss Lee for years and years. Recently Bob donated thousands of dollars worth of gently used furniture that was put to good use in our 11 homes and offices. *Thank you Bob!* 

## Quilter's At Altadena's UCC

Premier quilter Sharon Roberts of Altadena UCC asks Sunday service congregants to tie and bless the 2nd quilt that they have made for one of the boys at Ettie Lee Youth & Family Services. Along with Jan Wilson, Sharon and other members of the Altadena UCC started making quilts for Ettie Lee in 2007.

A quilt provides a lot of comfort to the youth that receives one. It's something that they get to take with





Sharon Roberts and Jerry Taylor tying and blessing the quilt

them when they leave, and in a real powerful way it affirms that someone cares—a step in their healing.

For many years Ettie Lee Youth & Family Services has received quilts from the California Utah Women. That number has been decreasing in current years and we at Ettie Lee are looking for a few good quilters...!

If you or someone you know is interested in quilting, please contact Vicki Mastro at 626-960-4861 or Vicki\_m@ettielee.org.

Visit us ONLINE @ www.ettielee.org



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Baldwin Park 5146 N. Maine

**Questions?** 

Contact James at 626-960-4861 or james r@ettielee.org

## CALLING ALL PAST RESIDENTS

E INVITE all past residents of Ettie Lee Youth & Family Services to get in touch with us. We would like very much to know what you are up to these days and to get some sense of how Ettie Lee influenced your life. We would also like to keep you up to date on all that is happening at Ettie Lee. In order for us to do this, please send your name and address to:

**Ettie Lee Youth & Family Services** 

5146 N. Maine Box 339

Baldwin Park, CA 91706

Attn: Vicki Mastro

Or you can call 626-960-4861 or

email vicki\_m@ettielee.org

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who made the
holiday season
so very special
for our
foster youth

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## Wish List

(new or gently used items are accepted)

#### Household items

Throw rugs for bedrooms
Light switch covers for bedrooms
Pictures for bathroom walls
Shower mats
Blankets for twin beds
Alarm clocks
Books for boys age 8-17
Pillows and Pillow protectors
Gift cards for book stores
Couches
Board Games
Pool sticks

#### **Personal Items**

Wall posters for bedrooms
White towels and wash cloths
Beach Towels
Sun Block
Hygiene supplies
Super Cuts gift certificates
Backpacks

Prepaid phone cards
Hand held electronic games
CD players
Grey undershirts (all sizes)
Gift cards to clothes and shoe stores

#### **Outdoor Activities**

Sports equipment (excluding baseball bats) Karate, Music or Art Lessons Ping Pong Tables

#### **Fun Things To Do**

Art supplies Movie theater passes

This is just a partial list! If you have an idea but don't know if we could use it, please call Vicki Mastro 626-960-4861.

Thanks so much.



n December we became partners with Dignity U Wear Foundation, Inc.. It is their mission to positively impact the lives of children and their families in need by providing brand new clothing. A Florida-based national nonprofit, they provide new clothing to men, women and children in need. They receive clothes from manufacturers and retailers and distribute it through a network of



Ettie Lee resident "shops" for clothing that was donated by Dignity U Wear.

300 recipient nonprofit agencies in 30 states. They also receive new clothing from community groups and individuals. We are proud to be one of the nonprofit agencies.

Our first shipment arrived in February among much fanfare and we are delighted to report that the hundreds of articles of clothing will be distributed amongst our kids.

And, this wasn't just a one time event. We will be receiving clothing for our children three times per year! Thank you Dignity U Wear!!!!

If you would like more information about Dignity U Wear, you can view them online at www.dignityuwear.org.





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Ettie Lee Youth & Family Services is a tax exempt 501(c)(3) organization. To contact us, call 626-960-4861. Ettie Lee operates in the counties of Los Angeles, San Bernardino, Orange and Riverside.

#### Be A Foster Parent!

A(626) 967-5082

Ettie Lee Youth & Family Services

Support Ettie Lee Youth & Family Services—place a bumper sticker just like this on your car...Contact James and he'll send one (or more!) to you... 626-960-4861 or james r@ettielee.org



Ettie Lee foster parent Martha Cornejo and foster child mentor Candy Maldonado at a recent Ettie Lee event. There's an Ettie Lee Home near you: Azusa • Bloomington • Baldwin Park Fontana (2) • North Hollywood • Redlands • San Jacinto • Santa Ana



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